

January 1 - January 31

LUNCH

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year! <b>School Closed</b>	2 <b>School Closed</b>	3 <b>School Closed</b>
6 <b>School Closed</b>	7 All Beef Italian Sub - 1 (Beef Bologna, Beef Salami, and Cheese on W/G Sub Roll) Potato Salad Cup - 1c. Fresh Apple - 1 Milk- 8oz.	8 Cheese Lasagna with Meat Sauce-4 oz. Green Beans-3/4c. Whole Wheat Dinner Roll - 1 Fresh Banana-1 Milk -8oz	9 <b>BREAKFAST FOR LUNCH</b> French Toast Sticks-3 w/Syrup Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip-1c. Mixed Fruit Cup - 1/2c Milk - 8oz	10 W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz
13 Grilled Chicken Fillet w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Orange Craisins - 1/2c Wheat Dinner Roll -1 Milk - 8oz	14 W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Green Beans-3/4 c. Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz	15 All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-1c. Fresh Banana-1 Milk 8oz	16 Salisbury Steak with Gravy - 3oz. Black Beans - 3/4c Applesauce Cup-1/2 c. Whole Grain Bread -1 Milk - 8oz	17 W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz
20 <b>School Closed</b>	21 Chicken Burger Whole Wheat Bun-1 Vegetarian Beans - 3/4c Strawberry Craisins - 1/2c Milk - 8oz	22 Beef Bologna and Cheese on a Whole Wheat Kaiser Roll-1 Fresh Baby Carrots w/ Dip-11/4c. Fresh Banana - 1 Milk-8 oz.	23 Chicken Meatballs w/ Teriyaki Sauce - 3oz. Oriental Mixed Vegetables - 3/4c. Fresh Apple-1 Whole Wheat Dinner Roll -1 Milk - 8oz	24 W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz
27 Basil & Mozzarella Chicken Meatballs w/ Sauce -3oz Green Beans - 3/4c Cherry Craisins - 1/2c Wheat Dinner Roll -1 Milk - 8oz	28 Turkey and Cheese on Whole Grain Bread-1 Cold Corn Cup - 1c. Fresh Orange - 1 Milk-8oz.	29 W/G Chicken Nuggets - 3.5oz Diced Carrots -1c Fresh Apple - 1 Wheat Dinner Roll - 1 Milk- 8oz	30 Macaroni & Cheese - 6oz Black Beans - 3/4c Whole Grain Bread -1 Fresh Banana - 1 Milk - 8oz	31 W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz